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OFFENSIVE LINE RUN BLOCKING TEACHING METHODS CLINIC

- ◆ CLINIC DATE OPTIONS: 1. SATURDAY, MAY 19, 2018, 9:00 AM—6:00 PM
2. SUNDAY, MAY 20, 2018 9:00—6:00 PM
- ◆ **LIMITED TO EIGHT ATTENDEES AT EACH CLINIC DATE, TO FACILITATE LEARNING (SEE REGISTRATION BELOW)
- ◆ LOCATION: FCPGA OPERATIONS CENTER—13868 OLIVE MILL WAY, POWAY, CA 92064 (NORTH SAN DIEGO COUNTY)
- ◆ CLINICIAN: BILL WILLIAMS—FCPGA: NATIONAL CLINICIAN AND CONSULTANT. OVER THE YEARS, TWELVE NFL OFFENSIVE LINE COACHES; TWENTY-FIVE COLLEGIATE OFFENSIVE LINE COACHES AND NUMEROUS HIGH SCHOOL OFFENSIVE LINE COACHES USE BILL'S TEACHING PROGRESSIONS.
- ◆ CLINIC RESERVATIONS: \$200 PER COACH, FOR EITHER CLINIC DATE. CALL BILL AT (858) 748-7566 AND SELECT WHICH DATE YOU WANT, ASAP.
- ◆ LODGING: BEST WESTERN POWAY—SAN DIEGO HOTEL. (858) 748-6320. VERY POPULAR PLACE, MAKE RESERVATIONS ASAP. 4-5 MINUTES FROM CLINIC
- ◆ AIRPORT: SAN DIEGO INTERNATIONAL AIRPORT (SAN)
- ◆ DISCIPLINES TO BE COVERED: SEE PAGE 2

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****DISCIPLINES TO BE COVERED****

- ◆ COACH—OFFENSIVE LINEMEN BUZZ WORDS AND TERMS DEVELOPMENT....A LANGUAGE FOR SUCCESS.
- ◆ DEVELOPING DESCRIPTIVE OFFENSIVE LINE ADVANTAGE CALLS
- ◆ REVERSE TEACHING TO PART, PART, WHOLE TEACHING TO ENHANCE OFFENSIVE LINE RUN BLOCKING SKILLS.
- ◆ “COILED SPRING” PAD LEVEL DISCIPLINE FROM DAY ONE.
- ◆ “POSITIVE SHIN ANGLES” - THE KEY TO POWER AND POP.
- ◆ PUNCH, POUND, STICK LIKE GLUE VS. SCOUT ARMS IN NON-PAD SESSIONS (YOU’LL FLIP WHEN YOU SEE THIS).
- ◆ TEACHING RUN BLOCK PERCENTAGES ON THE DEFENDER
- ◆ DEVELOPING OFFENSIVE LINEMEN’S ARSENAL— PUNCH PLACEMENTS, HARD SHOULDER, FOREARMS, TORQUE
- ◆ PULLING TEACHING PROGRESSIONS
- ◆ WORKING AS A TWO-MAN UNIT WHEN TEACHING COMBINATION BLOCKS
- ◆ ANALYZING “INSIDE ZONE” AND “ANGLE” RUN BLOCKING
- ◆ CREATIVE-INNOVATIVE “OUTSIDE ZONE” RUN BLOCKING DRILL PROGRESSIONS
- ◆ COACHING AIDS TO ENHANCE RUN BLOCKING
- ◆ UPGRADING OFFENSIVE LINE MEETINGS